

**FRONT:**

Using 4mm needles cast on 103(111;117;123;127;133;139;145)sts and work as for back of of men's pullover from \*\* to \*\* ending with a RSR. **Next row, inc row:** Work one row on WS, inc 12sts evenly across row (only inc over the rev st st) = 115(123;129;135;139;145;151;157)sts. Now work as for front of men's pullover from \*\* to end, **AT THE SAME TIME** when work measures 12(15;15;15;15;16;16;18)cm from beg ending with a WSR, **SHAPE SIDES** as for back.



**TO MAKE UP:**

Work as for men's pullover. **BELT:** Using 3,25mm needles cast on 2sts. Work in double rib patt, inc 1 st at each end of every foll alt row 8 times = 18sts. Cont straight in double rib patt and when work measures 98(105;110;115;120;125;130;135cm (or desired length) from beg ending with a WSR, **SHAPE BELT:** Cont in rib patt, dec 1 st (= work 2tog) at each end of every foll alt row 4 times = 10sts. Work one row. **Next row, buttonhole row:** Dec 1 st, rib 2sts, cast off 2sts, rib to last 2sts, rib 2tog. **Next row:** Rib, casting on 2sts over buttonhole. Dec 1 st at each end of next and every foll alt row 3 times in all = 2sts. Cast off rem sts. Sew button onto belt. Block pieces to measurement, cover with a damp cloth and allow to dry.



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## SLEEVELESS V-NECK PULLOVERS

**IMPORTANT NOTE:** Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garments worked in size 87cm and 107cm and shown on an 87cm and 107cm model.

Pattern and Design by Marelle Hurter

**MATERIALS:** JOY (50g balls)

**WOMEN:** 8(9;9;10;11;12;13;14) balls 1121 Purple; one button.

**MEN:** 6(7;7;8;9;10;11;12) balls 1062 Charcoal.

One pair each 3,25mm and 4mm knitting needles. One 3,25mm circular needle.

One cable needle. One safety pin. One stith holder.

### MEASUREMENTS:

To fit Chest/Bust: 82(87;92;97;102;107;112;117) cm

Actual all round measurement of garment: Chest/ Bust: 93(100;105;110;115;120;125;130)cm Length to shoulder: 60(65;68;69;71;73;76;78)cm.

**THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.**

**TENSION: SAVE TIME, TAKE TIME, CHECK TENSION.**

22sts and 30 rows = 10cm over stocking stitch using 4mm needles.

**FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.**

**IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;**

**IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.**

### ABBREVIATIONS:

**alt** = alternate; **beg** = begin(ning); **cont** = continue; **C6(B)F** = slip next 3sts onto cable needle and hold at (back) or front of work, knit next 3sts from left-hand needle, then knit 3sts from cable needle; **dec** = decrease; **fol(s)** = follow(s)ing; **inc(s)** = increase(s); **k** = knit; **patt(s)** = pattern(s); **p** = purl; **rem** = remain(ing); **rep** = repeat; **rev** = reverse; **rev**

**st st** = reverse stocking stitch; **R(W)S** = right(wrong) side; **R(W)SF** = right(wrong) side facing; **R(W)SR** = right(wrong) side row; **RW** = ribwise; **SKTPO** = slip one, knit two together, pass slipped stitch over; **st(s)** = stitch(es); **tbl** = through back of loop; **tog** = together.

### STITCHES USED:

9-ST CABLE PATTERN (worked over 9sts and a background of rev st st):

**1st row:** RSF, k.

**2nd and every alt row:** P.

**3rd row:** C6F, k3.

**5th row:** K.

**7th row:** K3, C6B.

**8th row:** P.

Rep these 8 rows.

REVERSED STOCKING STITCH:

**1st row:** RSF, one row P.

**2nd row:** WSF, one row K.

Rep these 2 rows.

DOUBLE RIB PATTERN:

**1st row:** K2, \*p2, k2, rep from \* to end.

**2nd row:** P2, \*k2, p2, rep from \* to end.

Rep these 2 rows.

### MEN'S PULLOVER

#### BACK:

\*Using 3,25mm needles cast on 102(110;114;122;126;130;138;142)sts and work in double rib patt for 5cm ending with a RSR. **Next row, inc row:** Work one row on WS, inc 1(1;3;1;1;3;1;3) sts evenly across row = 103(111;117;123;127;133;139;145)sts. Change to 4mm needles and work in rib

patt as folls:\*\* **1st row:** P22(25;27;30;30;32;34;36) sts, k9sts, p16(17;18;18;20;21;22;23) sts, k9sts, p16(17;18;18;20;21;22;23) sts, k9sts, p22(25;27;30;30;32;34;36) sts.

**2nd row:** K22(25;27;30;30;32;34;36)sts, p9sts, k16(17;18;18;20;21;22;23)sts, p9sts, k16(17;18;18;20;21;22;23)sts, p9sts, k22(25;27;30;30;32;34;36)sts\*. Cont straight until work measures 12cm from beg ending with a WSR\*\*. \*\*\*Now cont straight in rev st st and when work measures 40(44;46;46;47;49;51;53)cm from beg ending with a WSR. **SHAPE ARMHOLES:** Cast off 5sts at beg of next 2 rows, 3sts at beg of foll 2 rows, 2sts at beg of every foll row 2(4;6;8;8;8;8) times, then dec 1 st (= work 2tog) at each end of every foll alt row 2(3;3;3;4;5;6) times = 79(81;83;85;89;93;97;101)sts. Cont straight and when work measures 60(65;68;69;71;73;76;78) cm from beg ending with a WSR, **SHAPE SHOULDERS:** Cast off 8(8;8;9;9;10;10;11)sts at beg of next 4 rows, then 8(9;9;8;9;9;10;10)sts at beg of foll 2 rows = 31(31;33;33;35;35;37;37)sts. Cast off rem sts for back neck opening.

#### FRONT:

Work as for back from \* to \*. Cont straight until work measures 12cm from beg ending with a RSR. **Next row, inc row:** Work one row on WS, inc 12sts evenly across row (only inc over the rev st st) = 115(123;129;135;139;145;151;157)sts. \*\*Now work in 9-st Cable patt and rev st st as folls: **1st row:** P28(31;33;36;36;38;40;42)sts, work 1st row of 9-st Cable patt, p16(17;18;18;20;21;22;23) sts, work 1st row of 9-st Cable patt, p16(17;18;18;20;21;22;23)sts, work 1st row of 9-st Cable patt, p28(31;33;36;36;38;40;42)sts. **2nd row:** K28(31;33;36;36;38;40;42)sts, work 2nd row of 9-st Cable patt, k16(17;18;18;20;21;22;23) sts, work 2nd row of 9-st Cable patt, k16(17;18;18;20;21;22;23)sts, work 2nd row of 9-st Cable patt, k28(31;33;36;36;38;40;42) sts. Cont straight in patt as now set and when work measures 39(43;45;45;46;48;50;52)cm from beg ending with a WSR, **SHAPE V-NECK:** Work 57(61;64;67;69;72;75;78)sts and leave on a holder, leave centre 1 st onto safety pin and cont on rem sts for left side of work. **LEFT SIDE:** Work one row. **Next row:** RSF, dec 1 st (= work 2tog) at beg neck edge of next and at same edge of every foll 4th row 14(15;16;14;16;15;16;15) times in all, then dec 1 st at same edge of every foll 2(0;0;6;6;6;6)th row 1(0;0;2;1;2;2;3) times **AT THE SAME TIME** when work measures 40(44;46;46;47;49;51;53)cm from beg ending with a RSR, **SHAPE ARMHOLE:** WSF, cast off 5sts at beg of next row, 3sts at same edge of foll alt row, 2sts at

beg of every foll alt row 4(5;6;7;7;7;8;8) times, then dec 1 st (= work 2tog) at beg of next and at same edge of every foll alt row 2(3;3;3;3;4;3;4) times in all. When all shapings are complete cont straight and when work measures 60(65;68;69;71;73;76;78)cm from beg ending with a RSR, **SHAPE SHOULDER:** Cast off 8(8;8;9;9;10;10;11)sts at beg of next and at same edge of foll alt row = 8(9;9;8;9;9;10;10)sts. Cast off rem sts for shoulder. **RIGHT SIDE:** WSF, rejoin yarn, pick up and sts from holder and work as for left side, rev shapings.

### TO MAKE UP:

Sew right shoulder seam. **NECKBAND:** RSF, using a 3,25mm circular needle, pick up and k52(54;58;58;62;66;68;70)sts (= 25sts per 10cm) down neck opening of left front, pick up centre st from safety pin and ktbl, pick up and k52(54;58;58;62;66;68;70)sts up neck opening of right front and 32(32;34;34;36;36;36;36)sts across back neck = 137(141;151;151;161;169;173;177) sts. **Next row:** WSF, work in double rib patt (beg with k2(p2;p2;p2;p2;p2;k2;p2) to centre st, p1, \*k2, p2, rep from \* to end. **Next row:** RSF, rib to centre 7sts on point of V, SKTPO, k1 (= centre st), rib 3tog, rib to end. Rep last 2 rows, until band measures 3cm from beg ending with a WSR, cast off all sts RW. Sew left shoulder seam and neckband ends.

**ARMHOLE BANDS (Both Alike):** Using 3,25mm needles, pick up and k100(104;108;112;120;120; 124;124)sts evenly around front and back armhole edge. Work in double rib patt for 2cm ending with a WSR, cast off all sts RW. Sew side seams and armhole band ends. Block pieces to measurement, cover with a damp cloth and allow to dry.

### WOMEN'S PULLOVER

#### BACK:

Using 4mm needles cast on 103(111;117;123;127;133;139;145)sts and work as for men's pullover from \*\* to \*\*. Now cont straight in rev st st only and when work measures 12(15;15;15;15;16;16;18)cm from beg ending with a WSR, **SHAPE SIDES:** Dec 1 st (= work 2tog) at each end of every foll 8th row 2(2;2;2;3;3;3) times, then every foll 6th row 3(3;3;2;2;2;2) times = 93(101;107;113;117;123;129;135)sts. Now inc 1 st at each end of every foll 6th row 3(3;3;3;2;2;2) times, then every foll 8th row 2(2;2;2;3;3;3) times = 103(111;117;123;127;133;139;145)sts. Now work and complete as for men's pullover from \*\*\* to end.